

## GOODSEARCH...THERE'S NO REASON NOT TO!

Here's another easy way to support EnAble every time you search the Web! What Internet search engine do you use? Would you be willing to change it if that meant helping support EnAble and help the deserving people that we support?

EnAble of Georgia, Inc. has just been registered on GoodSearch, as seen in *Oprah Magazine* and *The New York Times*, and on *ABC News*. As a result, you now have the opportunity to make a small, but much appreciated gift each time you use the Web to search. **GoodSearch is a search engine powered by Yahoo** designed to make small donations to certain registered charities (of your choice) every time it is used to search the Web. EnAble of Georgia is privileged to be one of the charities they have approved for funding.

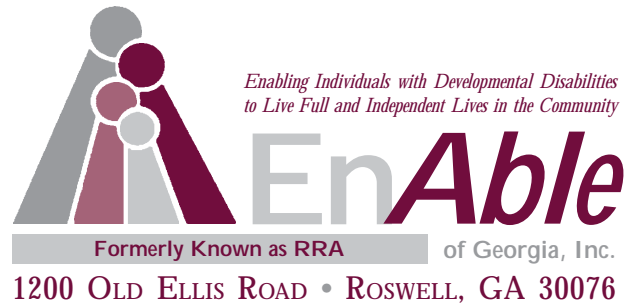
GoodSearch is very easy to use and requires very little effort to set your computer to donate to EnAble. First, visit their web site at <http://www.goodsearch.com/?charityid=501710>. Then using their alphabetical listing, look for and designate **EnAble of Georgia, Inc.** as the organization you would like to support. Then you are ready to begin searching the Web. It's that simple! GoodSearch will make a contribution to EnAble every time you use their search engine. This is one simple way everyone can make a difference.

On their web site, they also give you the option to make GoodSearch your home page which opens each time you click on Internet Explorer. That way you have easy access and help EnAble every time!

**For more information or if you have questions, contact John Lawler, Director of Development Services and Systems at 770.664.4347, Ext. 102, or by e-mail at [jlawler@enablega.org](mailto:jlawler@enablega.org).** ♦



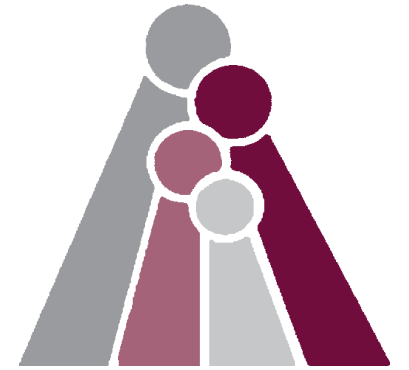
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1200 OLD ELLIS ROAD • ROSWELL, GA 30076

# Choices!

EnAble affirms the personal worth of adults with developmental disabilities and supports their rights and choices, seeking to enable them to live full and independent lives in the community.



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EnAble's **Choices** newsletter is edited and designed by Tish Ford, Executive Assistant.

## PLEASE MARK YOUR CALENDAR

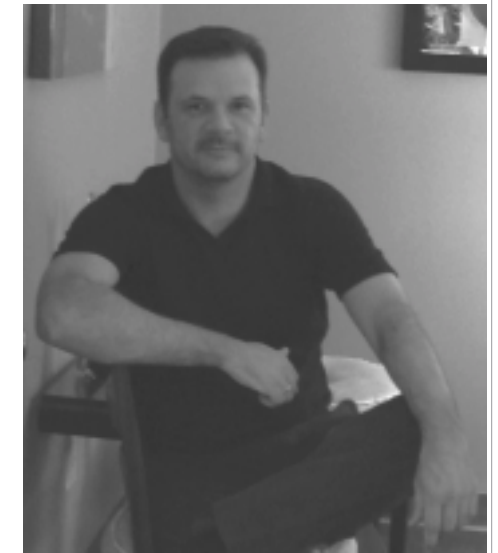
- **Holiday Bazaar** at Roswell United Methodist Church to benefit EnAble's Secret Angel Project on **Saturday, November 17, 2007** (see pg. 8)
- **Holiday Concert** given by the MetroGnomes on **Sunday, December 2, 2007** at EnAble's Day Services North facility for EnAble clients, and their family and friends (see pg. 7)
- **EnAble's 20th Annual Gala** will be **Saturday, March 15, 2008** at the Crowne Plaza Ravinia Hotel

## UPCOMING TRAININGS

Upcoming trainings are listed in detail on EnAble's web site at: [www.enablega.org](http://www.enablega.org) on the **Services & Calendar** link. You can also check the training calendars posted at all EnAble Support Services locations.

## SPOTLIGHT ON PERSONAL SUPPORT SERVICES

**S**eth Quick is EnAble's new Director of Personal Support Services. Already possessing several years of support coordination experience, Seth had been working in the area of personal support since coming to EnAble in April 2005. The increased demand for these services has necessitated the need for another department within EnAble's Support Services structure. EnAble South received private home care licensing in April 2006, followed by the North office in October 2006. Seth and his staff of 26, including two Support Managers, work to provide services to 19 clients residing in North and South Fulton County. With personal support services of eight hours per day or less, many individuals with developmental disabilities are able to live safely and independently in their own homes or apartments.



EnAble's Personal Support Services may include training and/or support with:

- Home management (such as meal planning, shopping, budgeting, and bill paying);
- Housekeeping (such as cleaning, laundry, changing linens, and trash disposal);
- Transportation/escort (accompanying, providing, or arranging transportation to places outside of the residence for appointments, entertainment, exercise, recreation, shopping, or social activities);
- Meal preparation;
- Ambulation and transfer;
- Medically-related activities (such as observing and reporting changes in condition, arranging trips to the doctor, picking up prescription drugs, accompanying individuals to medical appointments, and assisting with the self-administration of medications); and
- Personal care (such as toileting, grooming, bathing, dressing, and eating).

"The demand for personal care services has greatly increased in recent months, particularly in July when prospective clients receive new Medicaid waivers for services," explained Seth. "Also, the type and amount of service provided by our staff is directly based on the needs of the consumer."

When asked what challenges he is facing in his new role, Seth conveyed, "Finding the right match of staff to the person receiving services and their family is crucial. The staff member works a non-traditional schedule according to the needs of the client, and must be flexible, self-motivated, and able to work with little supervision. As well, the demand for private home care is growing rapidly in North Fulton, and the Personal Support Services department has to be ready to meet that demand."

**Please visit EnAble's Web site at [www.enablega.org](http://www.enablega.org)!**

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LaTaunya Jarrette, EnAble South's Personal Support Manager, previously served as a Support Manager in Residential Services for the past several years. She

offered her take on adapting to Personal Support Services. "As the Personal Support department is an independent living environment, I strive hard at assisting only, and not providing direct care, so the staff and I basically work per the consumers' requests. I've not gotten used to the fact that it's okay for the clients to be at home alone all day. It's okay for them to go places without staff, and not to receive services from staff. This, to me, is evident of the consumers striving to become more independent, and that's the ultimate goal that Personal Support endeavors to achieve."

EnAble North's new Personal Support Manager is Teria Wray, who has worked extensively in Residential Services. Her passion for working with the developmentally disabled is evident and contagious. "I love serving the individuals we support and their families on a one-on-one basis," says Teria. "My profession has become personal, therefore my expression of service has become an extension to the families as a family member. Further, the clients we serve are vehicles and the staff are the roads on which they travel. With our support, they will reach their destination." ♦



Teria with Personal Support consumer, Hunter



## INTRODUCING CEC CAMP



Cecelia "Cec" Camp is EnAble's new Senior Director of Support Services. She comes from ARI (Always Reaching for Independence) in Stamford, Connecticut where she served in a dual role as their Director of Day Programs and Professional Services. At ARI, Cec oversaw day services and residential programming and nearly single-handedly guided the agency through its last CARF (Commission on Accreditation of Rehabilitation Facilities) review in 2005. Considering that only 20% of agencies in Connecticut are CARF accredited, ARI's 3-year accreditation was a huge accomplishment for Cec. Cec also worked hard to raise the bar of service expectations and to build and strengthen teamwork among staff. Cec still maintains contact with a female client receiving services at ARI and values her friendship.

Cec received a Bachelor of Science degree in Education with a minor in Special Education from St. Francis University in Fort Wayne, Indiana. She has enjoyed a 32-year career in the Human Services field where she has worked mainly with adults with developmental disabilities. Cec's areas of expertise also include vocational and residential services and she has worked with at-risk youth. The desire to work with people with developmental disabilities came to Cec when she was a senior in high school. She remembers the special education classes being held in the basement of the school, which segregated these students from the mainstream school population. Cec recalled, "Seeing the students in special education taught apart from everyone else, and file into the lunchroom to eat separately, made me want to pursue education as a career, remove these individuals from their isolated environments, and help them integrate into the community where they have every right to be."

During her interview process at EnAble, Cec revealed that she got a sense of open and honest communication and trustworthiness from the panel of staff members who met with her. She looks forward to applying her varied, extensive experience to her position and making a positive, strong impact on EnAble.

Cec has received tremendous support and encouragement from all levels of EnAble staff, and from those we serve. "The people we support say 'hi' when they see me and ask if they can talk to me. I've made it a regular habit to visit Day Services every morning when the clients arrive to see how they're doing and wish them a good day. I've also lunched with several people receiving support in an attempt to get to know them better and listen to what they have to say," Cec explained.

When asked what she'd like to accomplish in her new role, Cec conveyed, "I want to help the people we serve become truly integrated into the community. Going out in various size groups has been the practice, and is the practice in many places, but efforts for obtaining true community inclusion for the clients will have to be more personalized." As well, Cec would like more developed, supervisory leadership training for staff and better characterized individualized supports for those we serve.

Originally from Ottoville, Ohio (population approximately 1,000), Cec and her husband Bill have lived in Chicago and Castle Rock, Colorado in addition to Connecticut. They have a 27-year old son, Nathan, who is currently working on his Ph.D. in Pharmacology in Seattle where he lives with his wife of two years, Christi. Cec likes to sew and enjoys rolling up her sleeves and diving into home decorating projects.

Welcome to EnAble, Cec! ♦

## TOLLWOOD GOES TO DOLLYWOOD!

The second week in June found three of the ladies of Tollwood—Paula Amoss, Amy Purcell, and Leigh Smith—at Dollywood in Pigeon Forge, Tennessee, about 35 miles southeast of Knoxville. The theme park is named for and co-owned by legendary country music singer and actress, Dolly Parton. Support Manager Florence Are and Support Associate Cheryl James accompanied the ladies on their four-day, three-night adventure into the Great Smoky Mountains. "Leigh, Paula, and Amy loved Dollywood and rode a few interesting rides. Leigh was very excited when we arrived at Parrot Mountain where she petted all kinds of birds. She also liked seeing the sea creatures at the Tennessee Aquarium," Florence recalled. "Paula loved getting room service at the hotel. We took helicopter rides and posed for Old West pictures in full costume, which the ladies thought was fun."

They had a great time at Wonderworks, described as "an upside down amusement park of the mind." Everyone ate well at local restaurants, Bennett's Barbecue and The Mandarin House, and a favorite of nearly every EnAble consumer, Golden Corral.

A great time was had by all! ♦



Leigh, Florence, and Amy in full costume



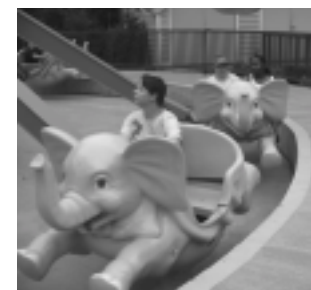
Paula at Parrot Mountain



Amy and Florence contemplating taking a helicopter ride



From left: Cheryl, Leigh, Paula, Amy, and Florence



Leigh enjoying herself

## COLDWELL BANKER PRESENTS ENABLE WITH A DONATION

On Wednesday, September 19<sup>th</sup>, Judy Linderman and Linda Crenshaw of Coldwell Banker presented EnAble with a \$3,000 check for new signage for our North and South Fulton offices, as well as for the restructuring of our Day Services facilities. The Coldwell Banker realtors are paid commissions for closings and have the option of donating a percentage of their commissions to Coldwell Banker Cares.



From left: Linda Crenshaw, Nancy Lindgren, Richard Colyer, and Judy Linderman

Coldwell Banker Cares is a program that serves nonprofits and has a committee that decides which agencies will receive donations. We thank our corporate neighbor, Coldwell Banker, for selecting EnAble to benefit from their program. ♦



**January**  
Kathy S.  
LaKiysha F.  
Nancy S.  
Santiel E.  
Derrick P.  
Sharon S.  
Richard F.

**February**  
Wilbert B.  
Charles S.  
Candace J.  
John C.  
Alden O.  
David L.  
Christel H.  
Catherine S.  
Monteia L.

**March**  
Larry K.  
Sara D.  
Joseph P.  
Charlene B.  
Lyle E.  
Debbie B.  
Michael E.  
Stuart U.  
Bill L.  
Matthew R.  
Mark W.

**April**  
Doran M.  
Rachel G.  
Matt M.  
Hunter M.  
Marshall P.  
Lowell H.  
Kyle I.  
Leigh S.  
Trent S.  
Henry W.

**May**  
Regina H.  
Rena F.  
Michelle L.  
Connie S.  
Dwayne A.  
Robert G.  
Becky W.  
Carl W.

**June**  
Lisa E.  
Joseph P.  
Grant P.  
John D.  
Kenny L.  
Chuck L.  
Michael M.

**July**  
Jodey M.  
Beverly W.  
Charlie H.  
Charles L.  
Kathy P.  
Chris S.  
Paula A.  
Giovanni D.  
Sharon P.  
Alfred C.

**August**  
Jan P.  
Jessica C.  
Joseph P.  
Linda B.  
Evan F.  
Robert K.  
Courtney C.  
Marianne K.  
Kenny W.

**September**  
Melissa C.  
Christine E.  
Bruce R.  
Abbie B.  
Anthony H.  
Rose T.  
Bobby B.  
Daryl O.  
Carolee C.

**October**  
Denny C.  
Gwen K.  
Charlie R.  
Eric M.  
Jessica S.  
Jackie B.  
Rodney G.  
Mark B.  
Ira H.  
Allen B.  
Lissa S.  
Scott B.  
Stephen C.  
Ira W.

**November**  
Billy H.  
Amy P.  
Rickie G.  
Gina W.  
Cheryl A.

**December**  
Reide W.  
John B.  
Brian A.  
L'Henry A.  
Cathy C.  
Bobby N.  
Seth B.  
Denny M.  
Jack D.  
Scott C.  
Patrick B.

(Continued from Page 9)

you'll perform in an average way. Once in a while, you may have a really great day, and perform higher than normal. (Notice the line above.) You'll think: Wow! That was awesome. I really outdid myself! However, most people quickly retreat back to a lower level of living, because they don't think they deserve to be that good. They don't see themselves that way. And they miss their potential! Ouch.

The iceberg teaches us that we need to lead ourselves before we lead others. The Starving Baker teaches us we need to feed ourselves before we feed others. The Golden Buddha teaches us we must read ourselves before we read others. Find your goal and lead from your strengths.

It's time for you to take personal inventory. Think about the qualities and abilities you possess. Take your time. We don't do this enough.

- 1. INSIGHT** (Positive attributes about your personality)
- 2. ABILITIES** (Gifts that "add value" to others; things you can do well)
- 3. PASSIONS** (Desires you have inside that you'd love to pursue in your career or personal life)
- 4. OPPORTUNITIES** (Circumstances that present you with a chance to use your potential)
- 5. AFFIRMATION** (Words of recognition you've received about your potential from others).

Evaluate yourself on the following issues describing the word that most correctly describes you: **NEVER, SELDOM, SOMETIMES, OFTEN, CONSISTENTLY.**

- I tend to overreact when people criticize me.
- I try to hide the fact that I am "down" on myself.
- I feel possessions/beauty are important.
- I usually don't work hard, feeling I can't succeed.
- I am uncomfortable when alone or inactive.
- I struggle with insecurity, envy, and jealousy.
- I fear unfamiliar circumstances.
- My performance standards aren't very high.

If you see a pattern in how you answered above, stop and think about it. Are there many times where you answered "consistently" to the statements? What does this tell you about yourself? Reflect on the results and focus on your strengths. ♦



Here's a photo of the goody I have in my bathroom at home. Let's all try to recall its message. "The most important part of you, is who you are inside!"



## ACCREDITATION REVIEW RESULTS FROM THE COUNCIL ON QUALITY AND LEADERSHIP

By Richard Colyer, Executive Director

I want to thank the EnAble staff for the hard work, dedication, caring spirit, commitment, and loving kindness shown in their day-to-day service on behalf of those we support. Together, we have been through many changes over the last four years. I'm sure at times these changes brought stress and uncertainty, but all in all, because our staff care so much about what we do, we have managed to make the services of EnAble better and better for the consumers. And that's what it's all about!

Congratulations everyone at EnAble for their fine work that led us to a two-year accreditation by The Council on Quality and Leadership (CQL). Because of all the improvements we have made and the incredible work our staff does to assure the lives of those we serve are made better, I personally felt we deserved a three-year accreditation. Our scores warranted that as well. But as so many have shared, CQL is concerned about social change as well as it is about accreditation. The better we get, the better we have to be each time they come.

With that said, I think everyone on our staff deserves a big CONGRATULATIONS on a job very well done! I appreciate the dedication our staff members give to their work and the love they display for those we serve.

I'm reminded of one of my favorite quotes from Mother Theresa, who said, "We can not do great things. We can only do little things with great love." Every thing you do, no matter how little it is or how unimportant it may seem, is of great value to those we serve because it is one with great love! That conveys the heartbeat of this organization and our staff. ♦

## THANK YOU TO JOYCE EDWARDS!

After much consideration, Joyce Edwards bid farewell to the consumers and staff of EnAble and entered retirement at the end of August. Joyce had ably served as our Senior Director of Support Services for more than two years. Though part of her service required her to often make difficult decisions, they were for the benefit of the agency and resulted in some positive changes within EnAble. Joyce's last endeavor was to convene a committee to begin the process of replanning our North and South Day Services facilities and programs.

Joyce and her husband Art received a great gift on September 17<sup>th</sup> with the birth of their first granddaughter Molly. Congratulations on the new addition to your family, Joyce! ♦



## 6TH ANNUAL TRENDS & TRADITIONS FASHION SHOW REPORT

Many thanks to all who helped with and attended the 6<sup>th</sup> Annual Trends & Traditions Fashion Show on Friday, September 7<sup>th</sup> at the Atlanta Athletic Club. This wonderful event benefited EnAble, raising \$27,000 in net proceeds earmarked for the improvement and expansion of EnAble's Day Services facilities in North and South Fulton County.

Special thanks to Peggy Farris, and Woody Markert and her sister, Carol Seitz, for their hard work on the centerpieces for every table. Thank you to Myron Segraves for cutting our fabulous Phantom of the Opera Mask, and to Gail Nabors and Penny Monk for painting it!

Hanna Seyoum of Trade Secrets at North Point Mall was inadvertently omitted from our program as a donor of items for our goody bags. We sincerely apologize for the oversight. ♦



## THE BENEVOLENT MARSHALL PORT

Marshall is a busy man. He resides at EnAble's Crabapple Group Home in North Fulton County with his four housemates—Denny C., Denny M., Catherine, and Bruce. When not working as a seasonal planter/customer service associate at Scottsdale Farms Nursery in Alpharetta, where he has been happily employed since March, or volunteering at North Fulton Community Charities in Roswell, Marshall lends a hand around the EnAble North office. He has helped Nancy Lindgren, Director of Public Relations, with the agency's donation management program. Marshall and Gary Chester, Facilities Manager, unload the donations received from the Crate&Barrel store on North Point Parkway in Alpharetta and secure them in the warehouse area where Nancy and Marshall



Nancy Lindgren transforming Marshall into a French mime at EnAble's 6th Annual Fashion Show

arrange the merchandise to be selected by the clients and staff for EnAble's group homes and offices.

Marshall aids in the success of EnAble's three annual fundraising events. He assists the Development team—DeAnn Rauth, John Lawler, and Shirley Pahl—with logistics as they work to

prepare for the events. Too, Marshall has created amazing, original works of art that were featured in the verbal and silent auctions at previous Galas, which fetched nice donations for EnAble. He gladly offers his time, energy, and talents to help further the work we do to raise funds to support those we serve.

Marshall recently bought a tree from Scottsdale Farms and planted it in the North Day Services garden in memory of Chris Dann, a longtime EnAble client who passed away on July 1<sup>st</sup>.

Also, Scottsdale Farms gave two disassembled gazebos to Marshall, who in turn donated them to EnAble. When asked about his benevolence, Marshall explained, "I love to give of myself and make people happy. It feels good." He is the most popular employee at his job and enjoys working outdoors with the plants and flowers.

October marks Marshall's 20<sup>th</sup> year being served by EnAble. He's undoubtedly seen a lot of changes within the agency and the group homes, and has taken them in stride. Marshall has maintained largely the same friendships he built back in 1987 with fellow consumers and staff when he first arrived at his new residence. We at EnAble are grateful for his boundless energy and willingness to help wherever and whenever he is needed.

Thank you, Marshall, for all you do! ♦



Marshall with the tree planted in Chris Dann's memory



## DANCING WITH THE STARS IN SOUTH FULTON

By Megan Kirby, Support Manager, Day Services - South

EnAble South is the place to be for Latin, Swing, and Ballroom dance classes. Throughout the entire summer, those we serve in our South Fulton office have been very busy taking dance lessons. Every Wednesday, the clients take Salsa, Merengue, and Cha Cha classes at our Day Services facility taught by Dancing 4 Fun instructor, Sean DeGuzman five times per month. It is definitely a day that all the clients anticipate, and it doesn't stop there. On Friday evenings, the clients are off for more dance classes at the Fayette County Parks and Recreation Department where they are offered Ballroom Sampler classes where they learn the steps to various ballroom dances including the Waltz, Fox Trot, Rumba, and of course, Swing!!! What is so wonderful about these classes is that EnAble clients are not only learning to dance, but they are also interacting with their peers in the community and other organizations.



Dance class participants at EnAble South

The Latin, Swing, and Ballroom dance classes will continue throughout the Fall and Winter months. The planning of an exhibition is underway in which the clients will have an opportunity to display their Ballroom skills!

We are truly "Dancing with the Stars" at EnAble South. Please contact me at 404.684.5991, ext. 27 if you would like to schedule a time to come dance with us! ♦

## SPECIAL OLYMPICS GEORGIA'S BOWLING STARS

By Shirley Pahl, Development Coordinator

Several Special Olympics Athletes traveled to Savannah, Georgia on Friday, Saturday, and Sunday, July 20-22, 2007, for the Masters State Bowling Tournament with over 800



From left to right: Scott, Daryl, and Alfred. Not pictured is chaperone Jim Davis

athletes participating. Among them were EnAble consumers Alfred Cole, Daryl Oliver, and Scott Bishop. The players competed on Saturday, July 21<sup>st</sup> with Daryl winning the First Place Gold Medal, and Scott and Alfred both winning Second Place Silver Medals. The players then

attended a dance on Saturday night. They had a great weekend that they're sure to remember for a while.

Congratulations on your medals, guys! ♦

## SOUTH FULTON'S CHARLES LUM CELEBRATES A MILESTONE

By Debra Meadows, Support Associate Floater – South

Charles Lum, a resident of the Dixie Lake Group Home in South Fulton County, recently celebrated his 60<sup>th</sup> birthday at a lovely party thrown in his honor at EnAble's South Fulton Day Services facility on Saturday, July 14<sup>th</sup>. The party was organized by Dixie Lake's former Support Manager, Jimilah Williamson-Snead, who is now EnAble South's Support Service Leader.

Well attended by EnAble staff and Charles' peers and family members, the commemoration included a "mix and mingle" luncheon that featured musical performances by Janelle Gibson and EnAble consumer John Brady.

Highlighted as well at Charles' party were heartfelt acknowledgements by EnAble consumer Jodey Moore, Charles' sister Cookie Lum (in a written message), and Jimilah. I was honored to read a passage from the book, *A Gift from God: The Story of a Mongoloid Boy*, written by Charles' mother, Maria Conway Lum. Mrs. Lum wrote the book in 1971 in honor of Charles' challenges in life. The reading was accompanied by Luther Vandross'



Charles enjoying his pipe

Grammy Award-winning song, "Dance with My Father", a song of which Charles is very fond. The presentation concluded with a ceremonial foot washing – a faithful legacy handed down from the Lum family that has carried Charles gracefully into his 60<sup>th</sup> year.

Charles was born prematurely to Gus and Maria Lum in Washington, DC on July 17, 1947. He is the youngest of three children and was not expected to live past six or seven years of age. Charles has certainly exceeded the life expectancy projected by his doctors by more than 50 years, and is enjoying himself immensely. He joined the EnAble family more than 10 years ago and has gained an extended family of lifelong friends at his home at Dixie Lake and in the EnAble South office. Charles has a special friend in fellow EnAble South consumer, Monteia LeFevre, who resides at the Lower Dixie Lake Group Home. When not spending time with Monteia, Charles loves sitting in his special chair and smoking his pipe while watching "I Love Lucy" and "Sanford & Son."

Happy 60<sup>th</sup> birthday, Charles! ♦



Charles' favorite chair at his Dixie Lake home

## SOUTH FULTON CONSUMERS ATTEND SOUTHWEST CHRISTIAN CARE'S 15<sup>TH</sup> ANNUAL GALA

By Felton "Bennie" Gay, Support Manager – South

On Friday, August 10<sup>th</sup>, Allen Boyd, Regina Hubbard, Cathy Curtis, and Henry White, all served by EnAble South, attended Southwest Christian Care's 15<sup>th</sup> Annual Benefit Dinner and Auction Gala. The event was held at the Georgia International Convention Center in College Park. The clients, who volunteer for Southwest Christian Care, were dressed in their finery and accompanied by Lillian Gibson, Director of Residential Support Services – South, Veronica Fields and Silvia Flockhart, Support Associates at the Azalea Drive Group Home, Marion Hillman, Support Associate at Princeton Lakes Apartments, and myself.



Cathy and Henry at dinner

The auction began at 5:30 and dinner was served at 7:00. The clients raved about the delicious meal that consisted of Shrimp and Chicken with Asparagus and Carrots, and a sinful dessert of Raspberry Biscotti Cheesecake and Crème Brûlée in a Chocolate Cup. Comedian Jeff Allen served as the evening's featured guest speaker and regaled the audience with his

delightful humor. Regina couldn't stop laughing at his jokes! Entertainment was provided by Christian recording artist Sean Smith. Southwest Christian Care's annual Servant Leadership Award went to Jim Beauchamp, a former professional major league baseball player who spent his life giving to others on and off the field.

As well, Southwest Christian Care's Hope House Children's Respite Center gives medically fragile children the comforts of home while allowing their parents a much-needed break from their care. Cathy and Regina both volunteer at Hope House one or two days per week and love spending time with the children. Regina, Allen, and Henry volunteer at the Born Again Thrift Store, also operated by Southwest Christian Care.

EnAble consumer Ira White (who did not attend the gala) volunteers at the thrift store as well, where they all pitch in by sorting hangers and clothing racks and vacuuming among other duties.

My colleagues and I felt privileged to support the consumers we serve at such a wonderful fundraising event that represents a worthy cause. ♦



From left: Marion, Allen, Cathy, Regina, Silvia, and Henry



Regina and Veronica in the reception area

## HABITUDES - PART 3

### Images That Form Leadership Habits and Attitudes

Again in this newsletter, I want to share some insights from a book by one of my personally favorite authors and teachers, **Dr. Tim Elmore**, president of **Growing Leaders**. He's a favorite speaker and mentor for many on leadership. In one of the books in his *Habitude Series*, there's a great chapter called *Golden Buddha*.

I was particularly drawn to this story because several years ago I had the opportunity to visit Bangkok, Thailand and got to visit and see the actual Golden Buddha in the Wat Intharawihan, Temple. What struck me most on my visit was the simple architecture of the temple where this particular Buddha statue was housed. It was not in a nice neighborhood like many of the other temples were. It was not in some amazing setting within the temple but in a fairly plain surrounding, as you can see from the photo I took myself years ago.

The history of this Buddha shared with me by my tour guide is that it had been hidden for centuries. During the Burma-Thai War, which took place between the 1400's and 1500's, this sacred five and a half ton solid gold Buddha statue was covered in a type of cement to protect it from being captured by the Burmese and melted down. Somehow, after the war, they lost track of the statue and assumed it had been lost during the war. Apparently, because it was a rather plain, ordinary "cement" statue of the sitting Buddha, it was later placed in a modest temple in a poor neighborhood of Bangkok. While it was being moved into position within the temple, the crane dropped it and the coating cracked revealing the solid gold, sacred Buddha that had been lost for centuries.

On my bathroom counter at home, I have a slice of a good rock that has been polished, revealing the beautiful color and grain of the interior. The exterior of the rock is rough and quite dull. On it are written these words, "The most important part you is who you are inside!" That message is so important to me I want to see it every day as I get ready for work. That's really the essence of the message Tim Elmore is sharing in this particular chapter of **Growing Leaders**. I hope you enjoy it!

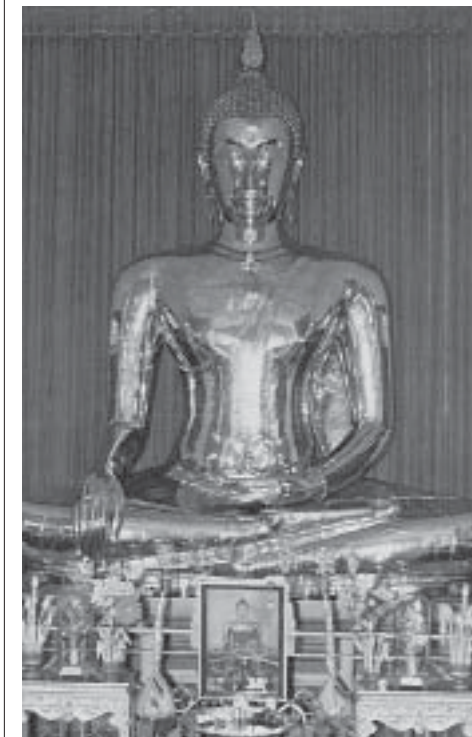
### IMAGE THREE. . . THE GOLDEN BUDDHA

LEADERS CANNOT PERFORM WELL IF THEY FAIL TO SEE THE GOLD INSIDE OF THEM. GOOD LEADERS TAKE PERSONAL INVENTORY OF THEIR GOD-GIVEN GIFTS. THIS SHAPES THEIR SELF-IMAGE AND CONSEQUENTLY, THEIR RESULTS.

Just over forty years ago, the Golden Buddha was discovered in the city of Bangkok, Thailand. It was an accident. For years, a huge, ugly concrete Buddha sat in the middle of town. Visitors put

Edited by Richard Colyer,  
President/Executive Director

empty cola cans and other trash on it; they used it to hold packages while they changed film in their cameras. Then, one day, a Buddhist priest decided to take the old statue to his temple. In the moving process it cracked. As the pieces began to crumble, the priest noticed something underneath the concrete shell. He gathered some helpers. They pulled the shell away. Inside they found the world's largest chunk of sculptured gold, standing eight feet high!



Wow. All the time that huge chunk of gold was there—but no one knew it. Instead, they paid little attention to the statue. They let it get dirty. They used the concrete shell to store trash. They would never have done this had they recognized what it was storing inside. They were ignorant of the valuable "inventory" the concrete shell contained.

You are a lot like this concrete statue. Your real value is inside, if you would only take inventory of it. Anyone who's worked in a retail store knows what the word "inventory" means. When you take inventory, it means you begin to list the products that are on your shelf. One by one, you count each item until you have an accurate record of what you have and what you need. Most stores "take inventory" once or twice a year. Some do it every month! In fact, you can't really run a good business without knowing what you've got in your inventory.

When I was in school, I had a friend named Rob, whose first job was to work as a stock clerk in a store. His initial task was to take inventory of what they had in the store. I remember Rob got angry at being given such a small job. Counting the products. Little did he know, that task would take him three months. It was huge. Taking inventory is no small undertaking. And it pays great dividends. Once you know what you've got, you can go about your business with confidence.

Just ask Victor. Victor came to the United States from Russia when he was five years old. His parents immediately thrust him into kindergarten. He didn't know the language or the culture he was facing each day. It was all new and scary. Because he was intimidated, Victor appeared slow to his classmates. They began to call him names and ridicule him. Within a couple of years his teachers had concluded that he was a remedial student who belonged in the "slower groups." By his sophomore year in high school he had hit rock bottom. After a conversation with a teacher, he decided to give up on his education.

Victor concluded he would quit school, and try to get a job. So, at sixteen years old, he dropped out of school and began to work odd jobs, just to make ends meet. All he did was survive. This went on for about fourteen years. Then, at thirty years old, something interesting happened. Victor took an aptitude test, to discover just what his I.Q. was. That day changed his life. He was shocked to discover that his I.Q. was 161. He was a genius. His true story was written up several times. In fact, Victor Serebriokof began a great career, and got a patent on two inventions, before marrying and starting a wonderful family of his own. I think he did quite well for himself.

Now, let me ask you a question. Did Victor suddenly get smart, at thirty years old? Of course not. No one's I.Q. changes that much over time. He was smart the entire time. What changed about Victor was the way he saw himself. He no longer woke up in the morning, looked in the mirror, and saw a stupid idiot. Instead, he saw a genius. What you see is what you get. Once Victor knew what was in his inventory he was ready to face the world with confidence.

Here's what I've noticed. You cannot consistently perform in a manner that is inconsistent with the way you see yourself. Your **potential** stands for who you really are, what you could really do if you wanted to. Your **perspective** is your self-image. It stands for who you think you are, what you think you can pull off. Your **performance** is how you act. You will usually perform at a level that reflects your perspective about who you are. If you think you are average,

(Continued on Page 10)



## CALLING ALL SECRET ANGELS!

By Nancy Lindgren, Director of Public Relations/Special Representative

For the past three years, each EnAble client was remembered during the holiday season with a gift donated through the Secret Angel program that was sponsored by Champagne Tastes. Although the store has closed, we want to continue the tradition to ensure every EnAble client enjoys being remembered at this joyous time of year.



Want to know how you can become a Secret Angel? **Join us on Saturday, November 17, 2007 from 10:00 AM-4:00 PM** at Roswell United Methodist Church's Holiday Bazaar (814 Mimosa Boulevard, Roswell, GA 30075) where EnAble staff and clients will sell custom designed holiday wreaths, bows (for

doors, mantels, mailboxes, and cars!), table arrangements, mantelpieces, tree ornaments, and more created by renowned floral designer Paul Brummer. Proceeds from the sale will be dedicated to the Secret Angel program. EnAble will purchase, gift wrap, and deliver presents to every client by December 21, 2007.

Can't make it on November 17<sup>th</sup>? No problem. You may participate by mailing a check (to the attention of Nancy Lindgren, Secret Angel Project) payable to EnAble of GA Foundation at 1200 Old Ellis Road, Roswell, GA 30076. **All donations are tax deductible and a receipt will be provided.** We are grateful to Roswell United Methodist Church for helping to make the Secret Angel project possible again this year.

No bah humbugs! Please continue the tradition and be a Secret Angel! ♦

## DAY SERVICES NORTH'S RECYCLING CLUB

EnAble North's Day Services facility has begun a recycling club and will accept cans, newspapers, and plastics. At the end of each week, the sorted items are taken to a nearby recycling plant. If you have any of these materials you want recycled, simply bring them to our Day Services facility at 1200 Old Ellis Road in Roswell. Drive to the rear of the building to the Day Services entrance and we will take them off your hands. For more information, please contact Willie Grove, Recycling Club Coordinator, at 770.664.4347. Grant Phillips, served at Day Services North, is the Project Assistant and eager to help you keep your environment clean. ♦



Grant and Willie in the Day Services garden area

## HANDS ON ATLANTA AT ENABLE

By Shirley Pahl, Development Coordinator

Several volunteers with Hands On Atlanta spent Saturday, October 6<sup>th</sup> working on various projects to benefit EnAble North. Roswell United Methodist Church, Mt. Pisgah United Methodist Church, and EnAble clients and staff painted the North Fulton Day Services facility. This day marked the 17<sup>th</sup> Annual Hands On Atlanta Day, which is always held on the first Saturday in October. Hands On Atlanta is a nonprofit that connects volunteers across the Metro area with more than 500 agencies that serve communities year-round.



Volunteers from Roswell UMC, Mt. Pisgah UMC, and EnAble clients and staff in Day Services



Volunteer painting deck at Crabapple

Members of the Cross Talk Sunday School Class at Roswell UMC volunteered with Unite! at EnAble's Crabapple Group Home in North Fulton County as part of Hands On Atlanta Day. Unite! is a diverse group of churches based in Atlanta working together to put their faith into action. Led by Dave Wistrand, Roswell UMC painted the rails on the front, back and side decks, sealed all three decks, and landscaped the flower bed. Both teams

worked beautifully together to bring vitality and durability to the Crabapple residence.

Our most sincere appreciation is extended to everyone who volunteered to help EnAble this Hands On Atlanta Day. ♦

## RICKIE AND ROBERT AT WORK

By LaTaunya Jarrette, Support Manager - Personal Support Services South

Rickie Gary and Robert Klingenberg, both served residentially and vocationally by EnAble South, recently landed jobs as baggers at one of the Wayfield Foods supermarkets in College Park. They started at Wayfield in July and hope they will have longevity with the company.

I asked Robert and Rickie what they like about their jobs. Robert offered,



Rickie at Day Services enjoying a day off

"I enjoy helping the customers and my co-workers." Rickie answered, "I really like bagging the groceries and helping the customers take their groceries to their vehicles." The men especially like it when customers tip them for a job well done.

Congratulations, Robert and Rickie, on your new employment and best wishes for a successful future at Wayfield! ♦



Robert gathering shopping carts at work



## Special Love Wish List

### AZALEA DRIVE

- Living room furniture

### BARRINGTON LANDING

- Window treatments for living room
- Credenza or console table w/storage
- 4-Drawer locking file cabinet

### BENJAMIN E. MAYS

- Stereo system w/DVD player
- Cookware and silverware
- Charcoal grill
- Paper shredder
- Computer

### BRANCHWOOD

- Futon mattress

### COLONY DRIVE

- Entertainment center
- Full-size mattress set for Alfred
- Treadmill

### CRABAPPLE

- Kitchen cabinet restoration
- Television
- Linens (bed/bath)

### DENNA DRIVE

- Coffee table
- Recliner chair (to match brown sofa)
- Area rug
- Wheelchair for Jackie to use on outings

### DIXIE LAKE

- Wheelchair ramp
- Screen door
- Living room furniture
- Futon mattress for sleep over Support staff
- DVD player
- Large screen television
- New refrigerator w/ice maker

### DODSON DRIVE

- Dining room table
- Sofa and arm chair

### EAST HEMBREE

- New flooring for kitchen and hallway
- Resurface, refinish, or replace kitchen cabinets and counter tops
- Window treatments for dining room
- New sofa and loveseat

### HOLCOMB BRIDGE

- Marching band-type drum for Scott
- Window treatments for kitchen
- Screen door for kitchen entrance
- New carpeting

### LEGACY (GRANDE OAKS)

- DVD/VCR player
- Stereo
- Television
- Recliner chair



### LOWER DIXIE LAKE

- Deck swing or glider
- Futon mattress for sleep over Support staff
- Full size mattress set
- Living room furniture
- New dining room set
- Television

### LYNNE CIRCLE

- Coffee table and side table
- Recliner chair and area rug (to match a red sofa)

### PINE GROVE

- New carpeting in living room, office, and hallway
- Upright freezer

### PRINCETON LAKES

- Double mattress set for Rickie
- Nightstand
- Two recliners (black and blue)
- CD player/Stereo system

### TOLLWOOD

- Patio furniture and screen

### SEVERAL HOMES

- Front loading washers and dryers for homes serving consumers in wheel-chairs

### ALL HOMES

- Tickets to sporting events, Stone Mountain Park, Six Flags, Lake Lanier Islands, etc.

### DAY SERVICES NORTH

- Digital video camera

### DAY SERVICES SOUTH

- Cars and smaller passenger vans

### MISCELLANEOUS NEEDS

- Outdoor lounge chairs
- Boom box
- Heavy duty carpet cleaner
- Wheelchair for Candace Jones (Personal Support client)

If you would like to help any of these wishes come true by donating an item or money to purchase one, please contact Nancy Lindgren at 770.664.4347 x 103, or at nllindgren@enablega.org.

You may also mail your check, made payable to EnAble Foundation to: EnAble, 1200 Old Ellis Rd., Roswell, GA 30076. Please indicate on your check what the gift is for. **Thank you!** ♦

## THANK YOU FOR YOUR DONATIONS!

**Alpharetta Jr. Woman's Club** - Several cases of Betty Crocker Warm Delights Minis Microwaveable Desserts for EnAble North

**Mr. John Lawler** - Men's casual and dress shirts

**Mr. and Mrs. Barry and Suzanne Mansell** - Rocking chairs and porch glider for Crabapple Group Home

**Mrs. Cheryl Miller** - Paint for EnAble North Day Services

**Mr. and Mrs. Jack and Ginny Riley** - Golf clubs for Daryl Oliver

**Mr. and Mrs. Dave and Lynn Roberts** - Two sets of golf clubs

**Mr. and Mrs. Bud Setzer** - Miscellaneous women's and men's clothing

**Ms. Sharon Speed** - Wallpaper (installation included) for Barrington Landing Group Home

**Mrs. J.B. Steele** - Patio furniture, TV and VCR, treadmill, metal storage units, and refrigerator

**Mr. and Mrs. Milton and Peggy Farris** - Brand new stainless steel range, refrigerator, and washer and dryer for Grimes Place Group Home

## OUR SINCERE SYMPATHY TO...

**Mrs. Patricia Crossin** and her sons **Mike, Kelly,** and **Casey** on the death of their daughter and sister, **Kyle Crossin Straw**

**Sam and Zachary Straw** on the death of their mother, **Kyle Crossin Straw**

**Mrs. Claudia Gooch** and **Darion Richard Gooch** on the death of their son and father, EnAble staff member **Richard Gooch**

**Mr. Larry Gooch** and **Mr. Glenn Summers** on the death of their nephew and cousin, **Richard Gooch**

## RECENT STAFF ADDITIONS & PROMOTIONS

### The following are new hires:

Cec Camp, Senior Director of Support Services

Chuck Pettit, Support Service Leader

### The following are recent promotions and transfers:

Dave Haughton, Support Manager (Cold Creek/Colony Drive)

Don Juan Pate, Support Manager (Dixie Lake/Lower Dixie Lake)

Jimilah Williamson-Snead, Support Service Leader-South

Teria Wray, Support Manager (Personal Support Services-North)





## JACKIE BRANTLEY'S FRIENDS & FAMILY COOKBOOK

By Richard Colyer, President/Executive Director

The family of Jackie Brantley and EnAble of Georgia, Inc. wish to express our sincere appreciation and thanks to all those individuals who donated the wonderful recipes for Jackie's Friends & Family Cookbook. They are all treasures and symbols of your kindness and support of Jackie and other individuals who benefit from the programs offered through EnAble.

Jackie has been a part of EnAble for over twenty years. Her father, Haskew Brantley, as a Georgia State Senator, was active in helping (then) RRA start our Group Home program in Roswell. The photo of Jackie holding a framed picture of her father, taken recently, shows the love she had for him over the years. The framed photograph is one of the favorite things in her room.



Thanks to the dedicated efforts and creative funding at EnAble, Jackie has benefited from a day services program allowing her to earn a small income from piece work projects, giving her some financial independence and self-esteem in having her own bank account. She has further benefited from living a more indepen-

dent life in the Group Home program, joining in a variety of social activities and building lifelong friendships.

All proceeds from the sale of this cookbook will go to EnAble. We are approved by the IRS as a 501 (c) (3) nonprofit organization. As a result, your contributions to EnAble are tax deductible. You may register for any of EnAble's annual events and make secure online donations to EnAble at our Web site at [www.enablega.org](http://www.enablega.org).

This cookbook has been beautifully published by Jackie's family. It is dedicated to their beloved sister, who is their inspiration, by Lynn Brantley and Douglas Tuttle, Sue and Danny Lipson, and David Brantley.

In the book they wrote: "Ever since Jackie was a little girl — and she was THE big sister of all of us — we all took turns saying the blessing before dinner. The recipes in this cookbook all deserve to be blessed, in any denomination or spiritual moment, with Jackie's special blessing which we still use today. These are her eloquent words: 'ALL GOD, ALL FOOD, ALL MEN.'"



Short and sweet, it covers just about all the bases. We hope you will remember these beautiful words as you enjoy cooking and eating these wonderful recipes! ♦



Yes! I would like to order **Jackie Brantley's Friends and Family Cookbook!**

Please send me \_\_\_\_\_ cookbooks at a cost of \$25 each plus \$2 for shipping and handling for each cookbook.

My total payment is \$\_\_\_\_\_.

Please make your check payable to **EnAble of Georgia Foundation, Inc.** and mail it to us at:

EnAble of Georgia, Inc. ♦ 1200 Old Ellis Road ♦ Roswell, GA 30076

If you have questions, call 770.664.4347, Ext. 107.

**Please provide the following information.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Alt. Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

**Thank you for your support! ♦**



## JACKIE'S JEWELRY FEATURED IN POINTS NORTH MAGAZINE

By Nancy Lindgren, Director of Public Relations/Special Representative



Did you know EnAble has a custom jewelry designer in its midst? The beautiful Swarovski crystal and sterling silver creations pictured here are lovingly made by Jackie Brantley who resides at our Denna Drive Group Home!

Jackie's extensive jewelry collection includes earrings, necklaces, bracelets, eye glass chains, cell phone charms, wine glass charms, zipper pulls, and bookmarks. Featured at EnAble's Gala this past March, they were quickly purchased by guests who appreciated the beauty of the sparkling crystals and the unique designs. Sales at our Trends & Traditions Fashion Show on September 7<sup>th</sup> were also strong, and best of all, 100% of the sales is donated to EnAble of Georgia, Inc. for those we serve!

Bre Edmonds, Assistant Editor of *Points North* Magazine, admired Jackie's work at the Fashion Show and contacted EnAble to arrange for Jackie to visit their office in Cumming. Color photographs of Jackie's work will be featured in the November 2007 issue in the "Holiday Gifts Worth Giving" section, plus information about Jackie and EnAble!

Simultaneously, Jackie's jewelry will be promoted on EnAble's Web site for friends and supporters to purchase in time for holiday giving. Each piece is unique and there are no two alike, and every item comes with a white silk gift bag and a gift tag with a picture of Jackie on it.



For a truly unique and beautiful gift by a talented and delightful lady, order early to get the best selection! Please allow us to pick for you from the category of your choice. Prices range from \$10 to \$75. See Jackie's Jewelry at [www.enablega.org](http://www.enablega.org), and don't forget to pick up your copy of *Points North* Magazine! ♦

## METROGNOMES TO PERFORM FOR ENABLE CONSUMERS

By Nancy Lindgren, Director of Public Relations/Special Representative

Dottie Buchan describes herself as the "new kid on the block." She recently joined EnAble as an Awake Weekend Overnight Floater, meaning she works as needed for the North and South Fulton group homes providing services for the clients between 11:00PM to 9:00AM.

In the course of her introductions to staff at EnAble's North office during orientation, Dottie mentioned that she plays trumpet with a band called the MetroGnomes. Comprised of eleven musicians and one singer, led by director Alex Thompson, this premiere stage band's music repertoire includes jazz, big band, swing, blues, Latin, and pop.

After meeting Dottie, I couldn't stop thinking about how much fun it would be for the clients to hear a performance from a professional band of this size. A call to Dottie resulted in the very generous donation of the group's time to do a special, free performance for EnAble's clients, families, and friends on **Sunday, December 2, 2007 from 3:00-5:00PM at the Day Services North facility at 1200 Old Ellis Road in Roswell!**



The MetroGnomes have played for the Sweet Auburn Festival, Earth Day Atlanta, Georgia Equality Project, Fourth Tuesday Spring Fling, East Point Tour of Homes, and other community and neighborhood organizations. You won't want to miss the big sound of this lively performance. Mark your calendars now for a wonderful event this holiday season! ♦

## ENABLE FOUNDER RECEIVES AWARD FROM HER ALMA MATER



Virginia "Ginny" Riley was among three Hanover College (Indiana) alumni to receive the institution's 2007 Alumni Achievement Award. This honor is given annually to Hanover alumni who have made great strides in their profession, and in service to their community or to Hanover College. Ginny founded EnAble in 1982, then known as the North Fulton County Group Home Association, and served as its President for ten years.

Ginny served as the Program Director for Atlanta's Association for Retarded Citizens. She helped establish and then served as Director for the Georgia Network for People with Developmental Disabilities, an advocacy group influential in the state legislature's passage of bills to benefit this population. In 1995, Ginny became Executive Director of the Georgia Evaluation and Satisfaction Team. Currently, she serves as a Support Coordinator with Creative Consulting Services and works with 25 developmentally disabled adults.

Ginny has won several awards including Channel 11 Alive's Community Service Award, the Northside Realty Humanitarian Award, a letter of commendation from President George H. W. Bush, and service awards from the Atlanta Journal-Constitution, Bobby Dodd Foundation, and Retarded Citizens/Atlanta.

Congratulations, Ginny! ♦